Cover My Cough and Sneeze Social Narrative



Sometimes I am sick.



Sometimes being sick makes me cough or sneeze.



When I cough or sneeze, tiny germs come out of my mouth.



Germs can make other people sick too.



People do not want to be sick.



It is important to cover my mouth when I cough or sneeze.

When I cough or sneeze, I should cover my mouth with my arm or elbow to stop the germs from spreading.





I will try to remember to always cover my mouth when I cough or sneeze.

